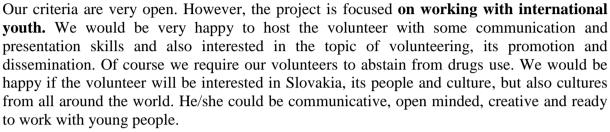
2012-SK-28: "The Messenger"

Dates of the project: June 2013 – December 2013

Place of the project:

At the beginning, the project will take place at our office in Bratislava; however the core of the activities will take place all around Slovakia on international voluntary workcamps.

Who are we looking for?



The project involves a lot of traveling all around Slovakia on your own so we would be glad if the volunteers would be flexible and independent (but also social \odot). This time we can only accept volunteers from EU or program countries as the project is going to start before summer and that can not be met with the deadlines of the executive agencies.

Time period	Description of activities
June	Initial training, getting to know INEX, its activities, studying various
	materials, preparing workshop.
July - August	1. The EVS volunteer will lead one of Slovak work camps.
	2. The volunteer will visit all international voluntary work camps of
	INEX Slovakia and do the study part (workshop, games, discussions)
	they prepared for the international volunteers. He or She will also
	make videos, photos and diary entries while on the workcamps. In-
	between the visits, while staying in staying in INEX office in
	Bratislava the volunteer will be responsible for updating a webpage.
September	Visiting the last work camp, taking part in "Post-camp meeting"
October-December	Taking part in "VEM" (Big Evaluation Meeting), Team-building
	meeting "Miki-vikendovka"
	Promoting of voluntary activities and work camps at school
	Preparing activates for disabled children and our volunteers
	Evaluating the project, writing the final report and preparing a
	"message in a bottle" for the future Messengers.

Main activities of the EVS-volunteer

On our international voluntary workcamps we tend to have multiple study sessions. Some of them are taking place every year, some of them are different and others are only related to a





certain workcamp. Our goal is to raise the awareness of volunteers along with the local community about various global issues or even to motivate all people involved in the study session to take a step forward and do something about an issue within their community, whether it is a small village in mountains or the global village itself. Below you can find some examples of study sessions that have already been on various workcamps we organize.

TANABATA ACTION

INEX Slovakia is joining Tanabata action – Global action to prevent climate change by planting trees and writing Tanzaku papers! It was started in 2008 and over 10,000 people in 31 countries have joined the actions which results were exhibited to the top leaders of the G8 Summit in Japan and also UNESCO Head quarter in France. The main idea is that people write down the things they would like to change environmentally-wise and think about what they could do in order to achieve them and to implement their ideas into their lives.

"HODY KULTUR" - FEAST OF CULTURES

The Feasts of cultures are events for local people at the place of organization of the workcamps. Volunteers prepare their traditional meals and presentation of their culture and country for the event. The Feasts of cultures support promotion of voluntary work local communities in Slovakia and started in the year 2008.



Since 2010 INEX Slovakia is organizing short-term EVS ,, THE MESSENGER"



In 2010 INEX hosted first Messenger - Marie from France was responsible to create a study part dedicated to the **European Year of Combating Poverty and Social Exclusion**. The main objective of the study session was to increase the awareness and also to find out how the international volunteers perceived poverty they encounter in real life or in media. Marie's workshop was a combination of theoretical data, good practices already used to combat poverty and most imporant a part where the participants were able to experience poverty themselves.

In 2011 project INEX Messenger did Virginia from Spain. She was travelling around Slovak workcamps and promoted **European Year of Volunteering**. Virginia was organazing games, discussions, brainstorming about volunteering. Also she proposed participants to create sockpuppets for Centers of disabled people. 2012 year INEX Messenger had the mission

promote volunteering and to give information about the history of volunteering and volunteers.



What was really different this year was that the opportunity for being mesengers had the volunteers from INEX – Olga and Nataliya from Ukraine and Mariya from Bulgaria. The three girls were travelling on different workcamps during the summer and accomplishing the mission for becoming Messengers! As far as they were leaders on some of the projects they could be Messengers on those workcamps. Becoming Messengers was one of their most important and responsible tasks during the summer.







YOUR STUDY SESSION HERE

Year 2013 is the **European Year of Citizens**, and we would like to dedicate the study session to this topic. But don't feel limited, Citizenship means loads and loads of things to different people and the study session will be directed by you. So if you are interested, maybe next year in this spot of the Call for Volunteers will describe your study session☺.

As a "INEX Messenger" you can:

- travel around Slovakia, discover beautiful Slovak mountains and castles
- meet international volunteers from all around the world, get know them, find new <u>friends</u>
- be creative, be active,
- get great experience
- have fun
- 100 © enjoy summer







The EVS-volunteers will receive money for food together with the pocket money at the beginning of month. They will manage their funds on their own, and also use them to buy their food. They will be able to prepare food by themselves. There is a kitchen in the flat, where they will be live. When traveling they will eat with the volunteers on the workcamps they will visit.

Accommodation

The EVS-volunteers will be living in an appropriately equipped flat. In the flat there are sanitary facilities and a kitchen. The volunteers will live near the city centre in a rented flat. The accommodation will be managed by agreement with volunteers. It is possible, that the volunteers will sometimes sleep on the workcamps.

Language course

The EVS-volunteers will learn Slovak language together with a private teacher or at language school. Slovak language belongs to Slavic languages and it is really beautiful even though not always easy.

Holidays

Volunteers will have holidays during the project which could be used by them how they want after agreement with supervisor. They could have 2 days each month for holidays. So in the case of 4-month project it will be 8 days of holiday.

Traveling in Bratislava

Volunteers will use public transport in Bratislava. They will arrange the card for public transport together with their mentor. Mentor will also help them to orientate in public transport.

Traveling around Slovakia

The volunteer will receive money for the travel that will public transportation such as trains and/or busses.

cover using long distance

For more information you can see:

www.inex.sk

http://ec.europa.eu/youth/evs/aod/hei_form_en.cfm?EID=68000120101

If you have any further question do not hesitate to contact us:

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